“A lack of sight is not a lack of vision”
President’s Message++

It is hard to believe it is November already! Members have been busy with all their activities, enjoying some sunshine and rain as well as the beautiful Maple leaves that are almost a thing of the past for this year.

Amidst all this the Board and the Advocacy committee have been busy working on submissions regarding the Accessible Canada Act – Bill C-81 as it goes through the Standing Committee. Many of the presentations for those who were invited can be found on the Government of Canada website so that you are able to hear presentations and the questions asked by the committee to the representatives. CCB did send in a written paper on our stance on the areas we felt needed to be amended.

With the hopeful passage of Bill C-81 the Federal regulated transportation & communication agencies are busy making many required changes/regulations with input from members of the disability community including CCB. We are hoping that these will be very positive changes, and while they may take time to come into effect, we will be working with other groups for this to happen sooner than later.

Also CCB has, in conjunction with FFB and CNIB, provided information to Canadian Agency on Drugs and Technology in Health (CADTH) regarding the approval of Minimally Invasive Glaucoma Surgery (MIGS) which is a minimal invasive procedure used to decrease the pressure in the eye due to
Glaucoma. CCB continues to make other submissions for potential new medications for eye diseases.

Our By Laws Committee continues to move along very carefully on suggested amendments that need to be in compliance with the CNCA (Canada Not-for-Profit Act). The membership committee continues with their work of looking to gain new members and to bring some new ideas to strengthen our organization.

VISIONS looks forward to articles of interest to the wider community on activities you have or new ideas/techniques that you find useful so others can enjoy them too. Please submit them to the office.

November is a time to REMEMBER as Remembrance Day comes on the 11th. If at all possible attend a program near you. Veterans, along with others, were our founders and are still an important part of CCB. It is at this time I wish to acknowledge the recent passing of one of CCB Sydney’s long time members Rory MacRae, age 91. He was active in his local Legion and Lions Clubs. We will miss him out selling Poppies this year. I pass on condolences from CCB to his family.

Louise Gillis, National President
‘EXPERIENCE’ EXPO 2019++:

SPEND THE WEEKEND IN TORONTO
Join us for ‘Experience’ Expo
Saturday February 2, 2019

The CCB Toronto Visionaries Chapter, the Canadian Council of the Blind, is very excited to announce the 2019 White Cane Week (WCW) ‘Experience’ Expo, on Saturday, February 2, 2019!

CANADA’S ONLY CONSUMER SHOW DEDICATED TO CANADIANS WHO ARE BLIND AND LOW VISION

‘Experience’ Expo 2018 was incredibly successful. In 2019 ‘Experience’ Expo, (entering its 4th year) returns to the Miles Nadal Jewish Community Centre, right on the south-west corner of Bloor and Spadina, just across the street from Spadina subway station. In a single space with over 6000 square feet of room for exhibitors, we’re looking to bring together dozens of community groups, agencies, product, and service providers serving the vision loss community here in Toronto.

The Expo is open from 10am to 4pm, and will be followed by a ‘Community Social’ (RSVP) from 5:15pm to 8pm, featuring music, food, a cash bar and door prizes!

Please visit our website at http://www.ccbtorontovisionaries.ca/WCW.php
If you have any questions or need more information, call 416-760-2163 or email us at ccbtorontovisionaries@gmail.com.

Join us in Toronto. Spend the day or weekend. Bring your ‘Experience’ to the Expo! Come celebrate with us Saturday February 2. It’s all about you.

Ian White, President, CCB Toronto Visionaries Chapter, Canadian Council of the Blind

www.ccbtorontovisionaries.ca

CCB Health & Fitness Update++

BE A BETA TESTER!

As we look at different ways to use technology to help us on our health and fitness journey, our program is asking for beta testers to help us out!

If you have an IOS, Android device, you can participate easily and provide us with valuable feedback.
Participation is free, simple and hey, you may just love it!

What do you need to do?
1. Download “Polar Flow” & “Polar Beat” off the app store
2. Follow the directions in the app and create your user account
3. Use the Polar Beat app to record, and go for a walk, do a weight routine, get a workout in!
4. Take a look at the Polar Flow app to see all your stats
Think of the BEAT app as your recording device for your workout and the FLOW app is your logbook or diary of all your stats.

Why?
We want to find better, more exciting ways to engage, educate and empower you, therefore we are in Phase 1 of a new program opportunity, however it relies heavily on members of all abilities and all vision loss levels, to test these apps.

Why these apps? That will become a bit clearer in Phase 2, however essentially if these apps work for us, we will be able to provide FREE virtual coaching/mentoring to you, based on your objective data.

Bottom line: Ryan will be able to help you better by seeing what exercise you are doing.

If you already use a fitbit or Apple Watch, great! However you can still help us by testing these apps, making a list of what does not work and then we will see if they are things we can get fixed.

Next steps?
If we get positive feedback, the next steps will be…well…awesome!! But I’m not going to put the cart before the horse just yet!
If we find these apps troublesome, then we move in a different direction.

I know there are lots of fitness apps out there but these apps allow the Health & Fitness program to accomplish some pretty awesome things.

So, download, try them, test them, and most of all PROVIDE FEEDBACK!
If you find these apps are accessible to you, please reach out to me and I can give you some direction on how to help me dive a bit deeper in testing.

The Health & Fitness program is absolutely committed to finding solutions that work for the members. We don’t need high tech solutions but they are just another arrow in the quiver. Thanks so much for your participation and fingers crossed the next steps will be even bigger!

If you have ANY questions, let me know, I can post videos, podcast answers out there as well as email and phone calls are always an option.

RYAN VAN PRAET (R. Kin)
CCB Health & Fitness
National Program Manager & Coach
ccb.healthandfitness@gmail.com
226-627-2179

Go to our page: https://ccbhealthandfitness.wordpress.com to find links to Facebook, Youtube, Twitter, Podcast & Email Chat List

Early Bird Draw Winners
We would like to congratulate CCB Alberni Valley Chapter, and CCB Moncton Chapter for getting their membership in early and winning this year’s Early Bird Draw.

The CCB Toronto Visionaries Chapter turns 5-years old!++
It’s been five years since the CCB Toronto Visionaries received its Chapter Charter from the Canadian Council of the Blind, and on Saturday October 20th, we marked this milestone with a celebratory dinner at the CNIB Centre in Toronto! With more than 80 members, their families and friends in attendance, and a 3-course full-service dinner on the menu, it was a wonderful chance to mix and mingle, and enjoy each other’s company. It was also a time to reflect on where the CCB Toronto Visionaries Chapter started, where we’ve come in five years, and where we hope to go in the not-too-distant future.

Our Master of Ceremonies, Visionaries member Suzanne Decary-Van Den Broek, guided us through the evening, making everyone feel welcome and describing everything from the table setting to the cake-cutting ceremony! And after dinner was complete, and the last of the cake frosting was being scraped from plates and coffee offered round, Suzanne introduced Ian White, Visionaries’ Chapter President, who sketched the growth of the Chapter over the past five years.

Starting as a Peer Support Group of about 8 people at the CNIB in 2011, White and co-founders, Denise Chamberlin and Carol Mondesir, encouraged those new to vision loss to come out to a monthly meeting, to share their experiences, to learn from each other and from a series of guest speakers on a wide range of topics. In 2013, having grown to a group of about 30, CCB National Vice President Jim Tokos was invited to speak, and shortly thereafter, application was made to Charter the Chapter. With 21 founding members and $50 to open a Community bank account, The CCB Toronto Visionaries was born!
Since then, through the dedicated work of many volunteers, the Visionaries has grown to a membership of nearly 150, becoming one of the largest and most vibrant Chapters in Canada. Beginning with one meeting per month, we added outings to the Art Gallery of Ontario, the Royal Ontario Museum and the Ontario Science Centre, and a 5km Walk-a-thon, gradually adding activities and outings to our calendar. In 2015, we launched a Chapter website, complete with an online calendar and Community Resources list with links to dozens of organizations, products and service providers available here in the Greater Toronto Area. We inaugurated GTT Toronto, a monthly adaptive technology user group, a part of CCB national’s Get Together with Technology program, and have partnered with Alliance for Equality of Blind Canadians, Balance for Blind Adults and the CNIB on advocacy issues and workshops. Speaking to school and community groups and participating in conferences and disability trade shows, the Visionaries Chapter has reached out to promote a greater public awareness of the challenges of living with vision loss.

But mostly, our outings and activities are about having fun and the chance to socialize with our peers. Over the past five years, we’ve continued holding monthly meetings, including potluck socials and an End-of-year luncheon, monthly pub nights at three locations and a monthly afternoon bowling group.

We’ve explored Toronto’s Historic and cultural sites, booked dinners out at a dozen local restaurants, created 5 fully-described Walking Tours, and experienced accessible planetarium shows, an antique carousel and the Royal Winter Agricultural Fair! We’ve hosted 4 live music concerts, an annual Beach BBQ, and offered 5 bus trips to destinations all over southern Ontario.
Initiated by members, we now offer a regular alternate format book club, a casual conversation group and Latin Dance classes!

But our greatest achievement, going into its fourth year, is the White Cane Week 'Experience' Expo, an exposition of nearly 50 groups, clubs, organizations, businesses and service providers serving the vision loss community here in Toronto. In this one event, we bring the whole vision loss community together, get people directly connected to the services and products they need to live a full, rich life, and increase public awareness by promoting a wider understanding of the experience of living with vision loss.

“None of this amazing growth and activity could have happened without the passion, dedication and hard work of many, many volunteers”, said White. So dozens of volunteers were presented with certificates of Appreciation and Recognition for their contributions to the success of the Visionaries Chapter. Special recognition went to three exceptional volunteers: Donna MacLeod who created and maintains the ccbtorontovisionaries.ca website, our most vital and informative communications link, Sue Marsh-Woods, who has been instrumental in supporting, promoting, and augmenting the work of our Chapter, and Alicia Modeste, who has just stepped down as our Chapter Secretary, whose sense of fairness, fiscal responsibility, and whose management of our email communications over the past five years, has created a sense of inclusion and community for the Chapter.

CCB National Vice President, Jim Tokos, added his congratulations, describing the Visionaries as a “model Chapter” that embodies the core values of the Canadian Council of the Blind.

With all this success behind us, what does the future hold? White outlined six priorities for the coming years:
To strengthen the administrative structure of the Chapter and its Executive Committee to ensure the ability to meet the demands of future growth,

To develop an even more dynamic digital footprint, including more access through enhancements to our website and expansion into social media,

To reach out to a younger demographic of young adults and ensure they have access to social and recreational opportunities,

To strengthen and expand the ‘Experience’ Expo, including stable funding, strengthening relationships with our community partners and developing greater media interest,

To create a positive culture of volunteering in all aspects of Chapter operations, and

To broaden our marketing reach so that no one living with vision loss in Toronto has to live in isolation.

It was with great pride that the CCB Toronto Visionaries Chapter celebrated its 5th year. And we look forward to continuing to create many more social and recreational opportunities for those living with vision loss to get together with their peers, to share information, interests, learning and recreational activities, and to encourage members to explore their potential for living a full, rich life through social engagement!

The CCB Toronto Visionaries Chapter  
www.ccbtorontovisionaries.ca,  Email: info@ccbtorontovisionaries.ca  
Voice Mail Line: 416-760-2163

YOU CAN MAKE A DIFFERENCE IN YOUR LIFE! ++
To all CCB members, this is our chance to make a difference, to make a statement on behalf of Canada’s blind low vision community. Please take the time to support NDP Member of Parliament Carol Hughes of Algoma-Manitouline-Kapauskasing’s efforts, through her motion M-183 calling for a Pan-Canadian Framework for Action on Eye Health and Vision Care. Canada needs, we need, a national strategy on eye health and vision care. You can read the full text of her motion below. MP Hughes’ motion is right on message is consistent with the mandate of the Canadian Council of the Blind in “changing what it means to be blind”.

You can make a difference and it is a relatively simple task. Just follow the attached link and print 3 sheets of the petition. Once that is done, spend the time and effort to get 25 signatures (please use a blue pen) and then follow mailing instructions found at the bottom of the petition send the signed petitions to MP Hughes at her office in the House of Commons, Ottawa K1A 0A6. MP Hughes will share your petition with other MPs who will then present your petition in the House. Do this and you will lend your voice to the call for Canadian action on Eye Health and Vision Care.

M-183: Pan-Canadian Framework for Action on Eye Health and Vision Care: Text of the Motion:
That, in the opinion of the House, the Government should work with the provinces, territories, Indigenous communities and government, not-for-profit eye health and vision care organizations towards the creation of a pan-Canadian Framework for Action on Eye Health and Vision Care, that respects jurisdictional authority and Quebec’s right to withdraw with compensation, and that will: (a) establish an Office for Vision Health at the Public Health Agency of Canada, charged with working with provinces and territories on strategies for eye health, vision care and the full integration of post-vision loss rehabilitation therapy into the health care continuum; (b) enhance funding for vision health research, beginning with ensuring representation on dedicated Canadian Institutes of Health Research review and evaluation committees; (c) ensure enhanced access to eye health and vision care for Indigenous peoples, seniors and children; (d) to engage in vision care pilot projects that reflects the entire journey of vision loss from prevention to rehabilitation, and encourage direct citizen engagement; and (e) engage in a public information campaign based on population health strategies aimed at influencing individual behaviours and that encourages Canadians to think about their eye and vision health.

Latest Activity: Placed on Notice (2018.05.07)

Link to MP Carol Hughes delivering the petition in the House: https://www.facebook.com/38326584416/videos/964491597084544/
Link to petition: http://ccbnational.net/fresco/petition-for-motion-m-183/

Our Trip to the VIA Train Station in Ottawa++:
On October 26 a diverse group of people with vision loss visited Via Rail’s Ottawa station. This year, Via Rail celebrates its 40th anniversary, and doing much to make train travel from station to train accessible for all. We navigated our way through the station using an app and indoor wayfinding beacons supplied by In Doors. We also provided feedback on a Braille map and a descriptive MP3. We then explored the station wearing Sunu Bands—vibrating devices that alert us to the proximity of objects and obstacles. Via staff and others involved in the project brainstormed, observed, listened, recorded and took the time to learn from us, so that everyone can enjoy travelling with confidence and independence.
Submitted by Shelley Ann Morris

British Columbia Voters: Vision Accessibility Related to the BC Province-wide Referendum on Proportional Representation++

A referendum on which voting system British Columbia should use for provincial elections is being held between October 22 and November 30, 2018.

Registered voters will receive a voting package in the mail between October 22 and November 2. If you do not receive a voting package or are not currently a registered voter, you can ask for one from Elections BC, a Referendum Service Office or a Service BC location by November 23.

For this referendum, voters who read braille can request a braille template package and ballot question to be used when completing the mail-in voting package.
Please call Elections BC at 1-800-661-8683 to request a braille template and ballot question, or if you have any questions regarding voting in the referendum. Information on the voting systems featured in the referendum can also be found at elections.bc.ca.

**Assistive Technology**

**Live Listen Support Comes to AirPods++**

Live Listen enables you to use your iPhone, iPad or iPod Touch as a sound-boosting microphone to help you hear in difficult situations. Previously only available when using Made-for-iPhone (MFi) compatible hearing aids, with iOS 12, the Live Listen feature comes to AirPods, too.

To make use of this feature, you will first need to go to Settings > Control Center > Customize Controls and ensure that the 'Hearing' control is enabled. Now, when you are using your AirPods and want to activate Live Listen, simply go to Control Center and double-tap the 'Hearing Devices’ button.
In the News

Travelling While Visually Impaired: An Interview with Blogger Kerry Kijewski from Expedia.ca++

When one of your senses is limited, travelling becomes a wholly unique experience. As part of our Travel Sensations series, we interviewed Kerry Kijewski, a writer, blogger, and novelist who has travelled the world while visually impaired.

We asked Kijewski about her love of travel, and everything there is to know when travelling blind or visually impaired.

Tell us a little about yourself and what first inspired you to travel. I am a grateful Canadian, from birth, who loves living here, but who has also always been intensely curious about the rest of the world. Travel has always been in me; I’ve always been curious about the world that exists beyond my own backyard.

Really though, my love for travel comes directly from my parents and grandparents, and I thank them for showing me why travel is of such great value. They all loved to travel and taught me to love it, too. Whether it was my grandparents who made a point of taking all 21 of their grandchildren to
Niagara Falls, or my parents who made it a priority to show my siblings and myself other places, I was brought up to want to see as much of the world as I could because it mattered and could teach so much.

What other sense is heightened more so than any others when travelling? Some love to sample restaurants and local dishes when they travel, but I am no foodie. For me, my strongest remaining sense when travelling is that of hearing. Depending on where I am, other senses are more highly heightened, but overall, I remember those sounds that make a certain spot stick in my memory.

Do you have a favourite travel memory with touch? In central Mexico, there’s a man who uses bottles and other smooth pieces of glass to make the most stunningly beautiful art. This tactile creativity is on display all over his property there. He makes mosaics, creations, and I was moved beyond words, using my hands to touch the essence of artistic expression. When I ran both left and right hands over a sun with rays, created on a wall on a sunny January morning, I could transfer what my fingers were finding into as close a religious experience as I’ve ever had. It was a thrill that started at the tips of my fingers and shot through me in an instant of direct touch; what he’d made, making me grateful I’d been welcomed to be there to witness it.
What place holds your favourite experience with smell?
I was approaching eighteen (adulthood) and swearing I’d never camp again when I didn’t have to, by choice. The bugs at the campsite were relentless and the air was heavy and muggy.

Once I stepped out onto those rocks at the edge of the Saint Lawrence River, though, the air was sea air and the smell took my breath. I wanted to camp there that night and drift off, inhaling the salty sweetness, but instead I took it all in, drinking it in by bounds and gulps-full.

Are there certain destinations that are more visually impaired or blind traveler-friendly than others? Where, and what about the made them accessible?

The Carrick-a-Rede Rope Bridge in Ireland seemed like a risk, without being able to see my footing. I hesitated when our tour guide asked how many of the group would be walking across. I was tempted to sit out the excursion, fearing an inaccessible situation ahead.

At the last minute, I decided I wasn’t going to let fear of the unknown of things keep me from joining in with the rest. I stepped out, onto that bridge, and across to the other side I went, hands on the ropes on both sides and my feet, feeling for the edge in both directions. I would have missed the surge of freedom being up there gave me, which I would have cheated
myself out of if I’d allowed myself or anyone else to dictate what the experience was going to be like.

The same goes for the experience of walking around the outer edge of the CN Tower. There were those who wanted to tell me I couldn’t do it, and indeed they said so, all while I pushed back with determination. I wasn’t about to let other people’s uncertainty prevent me from the doing of something worthwhile.

So many parts of travel are unforgiving, uneven, unpredictable attempts at something new. The terrain is often a possible danger. The ground can trip me up at any time, but so much of this is well worth the challenge of overcoming.

City tours are the obvious choice over steep slopes and hilly hikes. Lots of steps make it difficult. Any of it can present a downside, but I have managed to find ways to make it happen when it mattered.

What’s some advice you’d give a fellow visually impaired traveler who is apprehensive about travel?

Nike has it right: Just do it. I spent a lot of time, questioning every move I made, but when it came to travel I never wanted that to be my choice. The world is opened to those who reach out and touch it. Travel isn’t to be missed, though a lot of what is unknown and unfamiliar is the scary stuff. All the most unforgettable moments in life aren’t to be missed out on because of something as silly as a lack of one single sense. Find ways to stay safe, while at the same time letting go of the everyday that travel untethers us all from. Or, at least, it will if you let it.
Are there any resources you’d recommend for other blind or visually impaired travelers?

Not enough I’m afraid. Honestly, as far as travel companies go, tourism isn’t designed for the blind. I believe strongly that more could be done to provide the kind of service that travel can offer up. We need to travel because we need to show that it is totally doable. I like to work with a travel agent/expert who can make a plan that works for me. Online isn’t specific enough, directed at the individual, not like the experience I’ve had after working with a trusted travel planner. For me, now, travel and the best experience I will have starts with someone knowledgeable.

Asking for help to customize things helps a lot. Winging it can be fun, certainly, and yet planning ahead can save a lot of unwanted stress, before and during travel.

Last but not least, what’s one experience that’s on your bucket list? And, not necessarily separate from that, but what destination do you want to travel to next?

In the Pacific Ocean, there is a place I learned of and Palau is its name. There, in my mind I am travelling to Jellyfish Lake and discovering a species I am endlessly fascinated by. My bucket list is long and ever increasing with items, but some are at the top of that list for a reason. If there is a place more special and unique as a lake especially for the jellyfish, I haven’t found it. My curiosity about jellyfish has to do with the fact that they are difficult to imagine, without sight, and still I try.

My newest adventures are a deeper exploration of my own country of Canada. After venturing to a point far north, I first went west and then out east. This branching out of such a vast country as Canada inspires me to keep finding places here I never knew existed before.
Having travel goals and dreams keeps me striving for a wider investigation of place and time. It shows me how wide and wild the world truly is and that I can be a part of that. Special thank you to Kerry Kijewski!

CCB Tech Articles, Donna’s Low Tech Tips, Apps round up++

Today, I'd like to introduce you to my apps round up.

AirRead, listen to flying text (iOS, Free)
Would it be amazing if somebody reads aloud articles for you?

If your answer is "Yes", AirRead is for you.

You can "read" web pages, news, and books while waiting, walking, driving, exercising ...whatever!

AirRead reads aloud text for you.

Listen to web pages
* in-app browser for reading aloud web pages interactively
* skips advertisements and menus while playing
* one tap to play multiple linked articles inside a web page
* save web pages and read aloud later in offline mode
* select web pages first and later on play them all together

Listen to books
* create your own audio books (on iPhone/iPad or PC/MAC)
* convert ePub, PDF, text, rtf, doc files to audio books
Listen to news
* speak aloud news article one-by-one automatically

Listen to text
* type and speak

Copy and play
* Copy a web address or text onto pasteboard and speak it aloud

Current Version: 8.2.3 (June 24, 2018)
Read AirRead, listen to flying text's AppleVis App Directory entry for more information


Travelear: Listen to the World (iOS, Free)

Travelear promises to take your ears on an adventure like never before! You can finally go to a variety of destinations and environments with a pair of headphones and the click of a button. With Travelear you can hop across the pond and experience the hustle and bustle of London's famous Flower Market or even take a trip down to New Orleans jazz-filled streets. If you're not in the mood for a new city sound then you can always get up close and personal with forest wildlife or simply sit back and relax on your porch as a summer thunderstorm passes by. Let our sounds immerse you into an environmental narrative and make you feel like you are actually there.
Features:
* 3D experiences created exclusively for Travelear
* Organic recordings designed to tell a story
* Captured with the latest in 3D microphones
* Recorded and composed by Professional Audio Engineers
* HD sound quality
* HD images provide a visual for the experience
* Map View allows you to choose your destination

Take a break from your day, go somewhere fun. Sit back, relax, and choose your destination.
Current Version: 1.2.3 (May 25, 2018)

Read Travelear: Listen to the World's AppleVis App Directory entry for more information

To contact me, send me an email at info@sterlingcreations.ca and I'd be happy to respond.
WBU statement on the World Sight Day 2018++

The World Sight Day is the most important advocacy and communications event on the eye health calendar. Observed annually on the second Thursday of October, it is a global event meant to draw attention on blindness and vision impairment. On this day, the World Blind Union (WBU) in collaboration with other organizations provide information through awareness raising regarding eye care. One of the priorities of WBU is to ensure the prevention of sight loss through advocacy for affordable and accessible eye health services as well as providing referrals.

Around 253 million people live with vision impairment worldwide, of which 36 million are blind. The vast majority live in low-income settings. More than 80% are aged 50 years or above. Globally, uncorrected refractive errors and un-operated cataract are the top two causes of vision impairment. More than 80% of all visual impairment can be prevented or cured. Measures to do so should focus on increasing access to quality, comprehensive eye care services, especially at the community level (WHO).

The World Sight Day is therefore significant to raise public awareness of blindness and vision impairment, influence governments to participate in and designate funds for national blindness prevention programmes and educate the public about blindness prevention.

Globally, cataracts and glaucoma are the leading causes of blindness. The defects include: long sightedness, short sightedness, low vision, most of which defects can be corrected through eye health interventions recommended by the world health organization, vision 2020 among others.
The right to the enjoyment of the highest attainable standard of health stipulated under the CRPD (UN Convention on the Rights of Persons with Disabilities) includes provision of accessible eye care services nearer to the community. This obligation has been accepted by about 174 states parties that ratified the Convention. However, this right manifests several challenges: There are very few eye care doctors, ophthalmologists and optometrists that provide eye care services in the communities across the world; Most of the families in the communities at both national and regional levels are not aware of the existing eye care services; These services are under funded by governments and are not available, accessible and affordable to the entire communities that need them; Eye glasses are too expensive for our communities to afford yet they need them.

During this World Sight Day celebrations, on October 11, the World blind Union provides the following advice and call for action:
• It is important for all children and adults to have their eyes screened once a year in order to avoid preventable causes of blindness.
A • Governments should allocate appropriate budgets across the world to conduct the following activities: Construct vision corridors in the communities to enable village health teams and nurses to conduct eye health screening; conduct eye health services in schools to ensure that children receive them; conduct outreach clinics to provide eye care services; provide eye glasses at a subsidized cost; provide medical examination equipment in all hospitals and health centers; as well
as encourage trainings of doctors, optometrists and ophthalmologists to improve their skills in eye health.
• WBU also encourages radio and television campaigns to sensitize the public about eye conditions and interventions. If this is done, we are sure that governments would have met their obligation of providing eye care services to blind and partially sighted persons across the globe.

REMINDERS

Membership Madness++
Hi Everyone! Becky from the office here. All chapters should have received their membership packages. Independent membership will be sent shortly.
Chapter Rebate Deadline – December 7, 2018
All 2019 Memberships Due – December 28, 2018
White Cane Week Orders Due – January 4, 2019
WCW Insurance Requests Due – January 4, 2019

DON’T FORGET DONATIONS!!++
Donations Received in the office in 2018 are the only ones that can be receipted for 2018. Remember to send those donations if you want receipts.

www.ccbnational.net
ccb@ccbnational.net

1-877-304-0968